

Ausra Junior Basketball - Newsletter - January 2004



Welcome Back

I hope everyone had a great holiday and spent a lot of time practicing their dribbling. Practices will be starting this week for most teams. If you have not heard from your coaches, please give them a call to find out when your team starts.

SALFASS

Dates have been set for the 2004 Salfass Games. Ausra will host the Junior Salfass, which will be held on the weekend of May 28, 29 and 30. The Senior Salfass will be held in Bridgeport Connecticut on June 11, 12 and 13.

Molecules and Pre-Molecules

We have a very large group of Pre-Molecules and Molecules this year. The pre-molecules are being coached by Rima Dresher and Dalius Butrimas. Their practice is at Holy Angels from 6:30 to 7:15 pm on Tuesdays.

All Molecules are practicing on Tuesday at either Holy Angels or the Resurrection Parish. Because of the size of this group we have had to break the big group into 2 groups for practices.

In addition, the Molecules coaches have started a practice on Friday nights for the more advanced Molecules. These are the kids that are determined by the coaches to be ready to move at a faster pace and will be able to handle the advanced skills. The Friday night group is flexible and players may be asked to join the Friday night group if the coaches feel that their skills have reached the level that they will benefit from the more advanced practices. The goal of this group is to field both a boys and a girls OBA rep team for the 2005-2006 season.

Boys A

The Boys A team is playing OBA Rep ball this year. Check out the web-site (www.ausra.net) for their game and practice schedules, and lets get out and support this team.

As always, if you have any question please speak to your coaches or feel free to contact Larry Hurst at larry.hurst@rogers.com.